

TEXAS DEPARTMENT OF LICENSING & REGULATION

BARBERING & COSMETOLOGY HEALTH & SAFETY RULES

16 Texas Administrative Code Chapter 83

The following health and safety rules must be posted in all licensed establishments and schools. Texas Occupations Code, section 1603.357.

Please make copies of these health and sanitation rules as needed. Copies may be downloaded from the TDLR website:

www.tdlr.texas.gov/cosmet/cosmet.htm

For more information or to request copies by mail, email or by telephone, please contact:

Barber and Cosmetology Program

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83.100. Health and Safety Definitions.

The following words and terms, when used in this chapter, shall have the following meanings, unless the context clearly indicates otherwise.

- (1) Chlorine bleach solutions: A chemical used to destroy bacteria and to disinfect implements and non-porous surfaces; solution should be mixed fresh at least once per day. As used in this chapter, chlorine bleach solutions fall into three categories based on concentration and exposure time:
 - (A) Low level disinfection (100 200 ppm): Add two teaspoons household (5.25%) bleach to one gallon water. Soak 10 minutes minimum.
 - (B) High-level disinfection (1,000 ppm): Add one-third (1/3) cup household (5.25%) bleach to one gallon water. Soak 20 minutes minimum.
 - (C) Blood and body fluid cleanup and disinfection (5,000 ppm): Add one and three-quarters (1 3/4) cups household (5.25%) bleach to one gallon water. Also referred to as 10% bleach solution.
- (2) Clean or cleansing: Washing with liquid soap and water, detergent, antiseptics, or other adequate methods to remove all

visible debris or residue. Cleansing is not disinfection.

- (3) Disinfect or disinfection: The use of chemicals to destroy pathogens on implements and other hard, non-porous surfaces to render an item safe for handling, use, and disposal.
- (4) **Disinfectant**: In this chapter, one of the following department-approved chemicals:
 - (A) an EPA-registered bactericidal, fungicidal, and virucidal disinfectant used in accordance with the manufacturer's instructions; or
 - (B) a chlorine bleach solution used in accordance with this chapter.
- (5) **EPA-registered bactericidal, fungicidal,** and virucidal disinfectant: When used according to manufacturer's instructions, a chemical that is a low-level disinfectant used to destroy bacteria and to disinfect implements and non-porous surfaces.
- (6) Multi-use items: Items constructed of hard materials with smooth surfaces such as metal, glass, or plastic typically for use on more than one client. The term includes



but is not limited to such items as clippers, scissors, combs, nippers, tweezers, and some nails files.

- (7) Single-use items: Porous items made or constructed of cloth, wood, or other absorbent materials having rough surfaces usually intended for single use including but not limited to such items as tissues, orangewood sticks, cotton balls, thread, surgical tape, extension pads, some buffer blocks, and gauze.
- (8) Sterilize or sterilization: To eliminate all forms of bacteria or other microorganisms by use of an autoclave or dry heat sterilizer.
- (9) **Sanitize or sanitization**: To reduce the number of microorganisms to a safe level by use of an ultraviolet sanitizer.
- 83.101. Health and Safety Standards:

 Department-Approved Disinfectants.
 - (a) EPA-registered bactericidal, fungicidal, and virucidal disinfectants must be used as follows:
 - (1) Implements and surfaces must first be thoroughly cleaned of all visible debris prior to disinfection. EPAregistered bactericidal, fungicidal, and virucidal disinfectants become inactivated and ineffective when visibly contaminated with debris, hair, dirt and particulates.
 - (2) Some disinfectants may be sprayed on the instruments, tools, or equipment to be disinfected.
 - (3) Disinfectants in which implements are to be immersed must be prepared fresh daily or more often if solution becomes diluted or soiled.
 - (4) In all cases the disinfectant must be used in accordance with the manufacturers' instructions for

- disinfecting or other guidance in this rule.
- (5) These chemicals are harsh and may affect the long term use of scissors and other sharp objects. Therefore, the department recommends leaving items in solution in accordance with the manufacturers' recommendation for effective disinfection.
- (b) Chlorine bleach solutions must be used as follows:
 - Chlorine bleach at the appropriate concentration is an effective disinfectant for all purposes in an establishment.
 - (2) Chlorine bleach solutions must be mixed daily.
 - (3) Chlorine bleach must be kept in a closed covered container and not exposed to sunlight.
 - (4) Chlorine bleach may affect the long-term use of scissors and other sharp objects so the department does not recommend leaving items in bleach solution beyond 2 minutes for effective disinfection (5 minutes if disinfecting for blood contamination).
 - (5) Chlorine bleach vapors might react with vapors from other chemicals. Therefore chlorine bleach solution must not be placed or stored near other chemicals used in establishments (i.e. acrylic monomers, alcohol, or other disinfecting products) or near flame.
 - (6) Used or soiled chlorine bleach solution must be properly disposed of each day.



83.102. Health and Safety Standards: General Requirements.

- (a) All practitioners must clean their hands with soap and water or use a hand sanitizer prior to performing any services and as necessary during the service to ensure a client health and safety. All establishments, schools and practitioners must utilize clean and disinfected equipment, tools, implements, and supplies in accordance with this chapter, and shall employ good hygiene habits while providing barbering or cosmetology services.
- (b) A practitioner may not perform services on a client if the practitioner has reason to believe the client has a contagious condition such as head lice, nits, ringworm, conjunctivitis; or inflamed, infected, broken, raised or swollen skin or nail tissue; or an open wound or sore in the area to be serviced.
- (c) Multi-use equipment, implements, tools or materials not addressed in this chapter must be cleaned and disinfected before use on each client. Except as otherwise provided in this chapter, chairs and dryers do not need to be disinfected prior to use for each client.
- (d) Single-use equipment, implements, tools or porous items not addressed in this rule must be discarded after use on a single client.
- (e) Electrical equipment that cannot be immersed in liquid must be wiped clean and disinfected prior to each use on a client.
- (f) All clean and disinfected implements and materials when not in use must be stored in a clean, dry, debris- free environment including but not limited to drawers, cases, tool belts, rolling trays, or hung from hooks. They must be stored separate from soiled implements and materials. Ultraviolet

- electrical sanitizers are permissible for use as a dry storage container. Supplies not related to barbering and cosmetology must be stored in separate drawers or locations.
- (g) Shampoo bowls, and manicure tables must be disinfected prior to use for each client.
- (h) A container, large enough to fully immerse all tools and implements with liquid disinfectant must be used to disinfect combs, brushes, scissors or other equipment which may be safely immersed in a liquid disinfectant.
- (i) Floors in establishments and schools must be thoroughly cleaned each day. Hair cuttings must be removed as soon as practicable.
- (j) All trash containers must be emptied daily and kept clean by washing or using plastic liners.
- k) Hand washing facilities, including hot and cold running water must be provided for employees.
- (I) Clean towels must be used on each client. Towels must be washed in hot water and chlorine bleach.
- (m) Soiled towels must be removed after use on each client and deposited in a suitable receptacle.
- (n) Each establishment and school must keep all products used in the conduct of their business properly labeled in compliance with OSHA requirements.
- (o) Hair cutting and shampoo capes must be kept clean. A clean (one-use) cape must be used for each client or a sanitary neck strip or towel must be used to keep the capes from coming into direct contact with the client's neck.



83.103. Hair Cutting, Styling, Shaving, and Treatment Services

- (a) Practitioners must wash their hands with soap and water, or use a liquid hand sanitizer, prior to performing any services on a client.
- (b) All equipment, implements, tools and materials must be properly cleaned and disinfected in accordance with this rule prior to servicing each client.
- (c) After each client, all non-single-use implements must be wiped with a clean paper or fabric towel and sprayed with either an EPA-registered bactericidal, fungicidal, and virucidal disinfectant, or a high-level disinfectant chlorine bleach solution. Equipment, implements, tools and materials to be cleaned and disinfected include but are not limited to combs and picks, haircutting shears, thinning shears/ texturizers, razors, safety razors, edgers, guards, clippers, and perm rods.
- (d) At the end of each day of use, the above items, along with any other tools, such as sectioning clips, brushes, comb and picks must be cleaned by manually scrubbing with soap and water or adequate methods, and then disinfected by one of the following methods:
 - Complete immersion in an EPAregistered bactericidal, fungicidal, and virucidal disinfectant in accordance with manufacturer's instructions; or
 - (2) Complete immersion in a high-level disinfectant chlorine bleach solution.

83.104. Health and Safety Standards: Esthetician Services.

(a) Practitioners must wash their hands with soap and water, or use a liquid hand sanitizer, prior to performing any services on a client. Gloves must be worn during any type of extraction.

- (b) Equipment, implements, tools and materials must be properly cleaned and disinfected after servicing each client in accordance with this rule.
- (c) Facial chairs and beds, including headrest for each, must be cleaned and disinfected after providing service to each client. The chair or bed must be made of or covered in a non-porous material that can be disinfected.
- (d) After each client, multiple use implements such as metal tweezers and comedone extractors must be cleaned and disinfected.
- (e) The following implements are singleuse items and must be discarded in a trash receptacle after use: cotton pads, cotton balls, gauze, wooden applicators, disposable gloves, tissues, thread, disposable wipes, lancets, fabric strips and other items used for a similar purpose as one or more of the items listed above.
- (f) The following items that are used during services must be replaced with clean items for each client: disposable and terry cloth towels, hair caps, headbands, brushes, gowns, makeup brushes, spatulas that contact skin or products from multi-use containers, sponges and other items used for a similar purpose as one or more of the items listed above.
- (g) Items subject to possible cross contamination such as creams, cosmetics, astringents, lotions, removers, waxes, moisturizers, masks, oils and other preparations must be used in a manner so as not to contaminate the remaining product. Applicators must not be redipped in product. Permitted procedures to avoid cross contamination are:
 - Disposing of the remaining product before beginning services on each client; or



- (2) Using a single-use disposable implement to apply product and disposing of such implement after use; or
- (3) Using an applicator bottle to apply the product.

83.105. Health and Safety Standards: Temporary Hair Removal Services.

- (a) Practitioners must wash their hands with soap and water, or use a liquid hand sanitizer, prior to performing any services on a client.
- (b) Practitioners must clean the areas of the client's body on which the service is to be administered.
- (c) Practitioners performing temporary hair removal services involving the use of depilatories, preparations or tweezing techniques must dispose of after each use all products or single use items that have been in contact with a client's skin.
- (d) All wax pots must be cleaned and disinfected in accordance with manufacturer's recommendations. No applicators may be left standing in the wax at any time and wax may not be reused under any circumstances.
- (e) All multi-use items must be properly cleaned, disinfected and sterilized or sanitized prior to each service, in accordance with this chapter.

83.106. Health and Safety Standards: Manicure and Pedicure Services.

- (a) Practitioners must clean their hands with soap and water or a hand sanitizer prior to performing any services.
- (b) Practitioners must clean the areas of the client's body on which the service is to be administered.

- (c) All metal manicure and pedicure tools must be properly cleaned, disinfected and sterilized or sanitized prior to each service, in accordance with this chapter, regardless of the tool's multiuse for only a single client or for multiple clients.
- (d) After each client, the following implements must be cleaned, disinfected and sterilized or sanitized in accordance with the rule: metal pusher and files, cuticle nipper and scissors, metal tweezers, finger and toe nail clippers, and electric drill bits.
- (e) The following implements are single-use items and must be discarded after use: orangewood sticks, cotton balls, nail wipes and disposable towels.
- (f) Buffer blocks, porous nail files, pedicure files, callus rasps, natural pumice and foot brush, arbor, sanding bands, sleeves, heel and toe pumice, exfoliating block (washable materials) must be cleaned by manually brushing or other adequate methods to remove all visible debris after each use, and then sprayed with an EPA-registered bactericidal, fungicidal, and virucidal disinfectant, or a high-level disinfection chlorine bleach solution in accordance with this chapter. If a buffer block or porous nail file is exposed to broken skin (skin that is not intact) or unhealthy skin or nails, it must be discarded immediately after use in a trash receptacle.
- (g) The following materials that are used during a manicure and pedicure must be replaced with new or clean articles for each client: terry cloth towels, finger bowls and spatulas that contact skin or skin products from multi-use containers.



83.107. Health and Safety Standards: Electric Drill Bits.

- (a) Only electric files, drills, or machines specifically designed and manufactured for use in the professional nail industry may be used in any establishment or school for performing manicure or pedicure services. Craft, hardware, and hobby tools cannot be used under any circumstances.
- (b) After each use, diamond, carbide, natural and metal bits must be cleaned by either:
 - (1) using a brush; or
 - (2) using an ultrasonic cleaner; or
 - (3) immersing the bit in acetone for 5 to 10 minutes.
- (c) Immediately after cleaning all visible debris, diamond, carbide, natural and metal bits must be disinfected by complete immersion in an appropriate disinfectant between clients, then sterilized in accordance with this chapter.
- (d) Buffing bits and chamois must be cleaned with soap and water at the end of every day of use in addition to being cleaned or replaced between clients.

83.108. Health and Safety Standards: Foot Spas, Foot Basins, and Spa Liners.

- (a) As used in this section, "whirlpool foot spa" or "spa" is defined as any basin using circulating water, either in a self-contained unit or in a unit that is connected to other plumbing in the establishment or school.
- (b) After use upon each client, each whirlpool foot spa must be cleaned and disinfected in the following sequential manner.
 - (1) All water must be drained and all debris shall be removed from the spa basin.

- (2) The spa basin must be cleaned with soap or detergent and water.
- (3) The spa basin must be disinfected with an EPA registered disinfectant with demonstrated bactericidal, fungicidal, and virucidal activity which must be used according to the manufacturer's instructions.
- (4) The spa basin must be wiped dry with a clean towel.
- (c) At the end of each day, each whirlpool foot spa must be cleaned and disinfected in the following sequential manner:
 - (1) The screen and any other removable parts must be removed, all debris trapped behind the screen must be removed, and the screen and the inlet and any other removable parts must be washed with soap or detergent and water.
 - (2) Before replacing the screen, one of the following procedures must be performed:
 - (A) The screen and any other removable parts must be washed with a high-level disinfection chlorine bleach solution; or
 - (B) The screen and any other removable parts must be totally immersed in an EPA registered disinfectant with demonstrated bactericidal, fungicidal, and virucidal activity which must be used according to the manufacturer's instructions.
 - (3) The spa system must be flushed with soap and warm water for at least ten (10) minutes, after which the spa must be rinsed and drained.



- (d) Every other week (bi-weekly), after cleaning and disinfecting as provided in this subsection, each whirlpool foot spa must be cleaned and disinfected in the following sequential manner.
 - The spa basin must be filled completely with a high-level disinfection chlorine bleach solution.
 - (2) The spa system must be flushed for 5 to 10 minutes with the high-level disinfection chlorine bleach solution and water solution or an EPA-registered disinfectant with demonstrated bactericidal, fungicidal, and virucidal activity which must be used according to the manufacturer's instructions and allowed to sit for 6 to 10 hours.
 - (3) The spa system must be drained and flushed with water before use upon a client.
- (e) For whirlpool foot spas, a record must be made on a department-approved form of the date and time of each cleaning and disinfecting indicating whether the cleaning was a daily or bi-weekly cleaning. This record must be made at or near the time of cleaning and disinfecting and must indicate if a spa was not used during any individual work day.
- (f) As used in this section "non-whirlpool foot basin" or "foot basin" is defined as any basin, tub, footbath, sink or bowl that holds non-circulating water. After use upon each client, each non-whirlpool foot basin must be cleaned and disinfected in the following sequential manner.
 - (1) All water must be drained and all debris must be removed from the foot basin.
 - (2) The inside surfaces of the foot basin must be scrubbed and cleaned of all visible residues with a clean brush, soap or detergent, and water.

- (3) The foot basin must be disinfected with an EPA-registered disinfectant with demonstrated bactericidal, fungicidal and virucidal activity which must be used according to the manufacturer's instructions.
- (4) The foot basin must be rinsed, emptied and wiped dry with a clean towel.
- (g) For non-whirlpool foot basins, a record must be made on a departmentapproved form of the date and time of each cleaning and disinfecting. The record must be made at or near the time of cleaning and disinfecting and must indicate if the foot basin was not used during any individual work day.
- (h) As used in this section "disposable spa liner" or "spa liner" is defined as a plastic liner designed to be placed within a whirlpool foot spa and discarded after a single use and which is equipped with a single "non-adhesive" heat-sealed drain tab which, when pulled, allows water to empty directly into a whirlpool foot spa drain.
- (i) As used in this section "portable whirlpool jet" or "jet" is defined as a magnetic or other circulating device, designed to be placed within a whirlpool foot spa basin in order to circulate water in spas in which disposable spa liners are used.
- (j) Disposable spa liners and portable whirlpool jets may be used in providing spa services to clients. When used, the following sequential procedures must be performed.
 - (1) After use upon a client, the heatsealed tab must be pulled allowing the water to empty directly into the establishment's or school's plumbing system.
 - (2) The spa liner must be discarded in a covered trash receptacle.



- (3) The portable whirlpool jet must be completely immersed for 5 to 10 minutes in an EPA-registered disinfectant with demonstrated bactericidal, fungicidal, and virucidal activity which must be used according to the manufacturer's instructions.
- (4) The jet must be rinsed with warm water and drained.
- (5) All surfaces of the spa basin and foot rest must be wiped with EPAregistered disinfectant wipes.
- (k) For disposable spa liners and whirlpool jets, a record must be made on a department-approved form indicating the time and date when the spa liner was used and discarded and when the jet was used and disinfected and must indicate if the jet was not used during a work day.
- (I) Cleaning and disinfecting records for foot spas, foot basins, spa liners and jets must be made available upon request by either a client or a department representative and must be retained for inspection for at least 60 days.
- (m) A foot spa, foot basin or jet for which documentation is not maintained in accordance with this section must be removed from service and not used again until it has been cleaned and disinfected in accordance with the requirements of this section and the records have been properly updated. When a foot spa, foot basin or jet is removed from service for any reason, the record must indicate the date of removal from service.
- (n) Foot spa and foot basin chairs must be cleaned and disinfected after service is provided to each client. The chair must be made of or covered in a non-porous material that can be disinfected.

83.110. Health and Safety Standards: Hair Weaving Services.

- (a) Practitioners must wash their hands with soap and water, or use a liquid hand sanitizer, prior to performing any services on a client.
- (b) All equipment, implements, tools and materials must be properly cleaned and disinfected in accordance with this rule prior to servicing each client.
- (c) Hair extensions, tracks, needles, and thread must be stored in a bag or covered container until ready to use. No unrelated items must be stored in the same bag or container.
- (d) Needles, combs, and hair clips must be sprayed with a disinfectant before use.

83.111. Health and Safety Standards: Blood and Body Fluids.

- (a) Blood can carry many pathogens. For this reason licensees should never touch a client's open sore or wound. Powdered alum, styptic powder, or a cyanoacrylate (e.g. liquid-type bandage) may be used to contract the skin to stop minor bleeding, and should be applied to the open area with a disposable cotton-tipped instrument that is immediately discarded after application.
- (b) In the case of blood or body fluid contact on any surface area such as a table, chair, or the floor, an EPA- registered hospital grade disinfectant, a tuberculocidal disinfectant, or a blood and body fluid cleanup and disinfection chlorine bleach solution must be used per manufacturer's instructions immediately to clean up all visible blood or body fluids.
- (c) If any non-porous instrument is contacted with blood or body fluid, it must be immediately cleaned and disinfected using an EPA-registered hospital grade



- disinfectant, a tuberculocidal disinfectant in accordance with the manufacturer's instructions, or totally immersed in a 10% bleach solution (one-and-three quarters (1 3/4) cups of household (5.25%) bleach to one gallon of water) for 5 minutes.
- (d) If any porous instrument contacts blood or body fluid, it shall be immediately double-bagged and discarded in a closed trash container or biohazard box.

83.112. Health and Safety Standards: Prohibited Products or Practices.

- (a) Practitioners may not use any of the following substances or products in performing cosmetology services:
 - (1) Methyl Methacrylate Liquid Monomers, MMA.
 - (2) Razor-type callus shavers designed and intended to cut growths of skin such as corns and calluses, e.g., credo blades.
 - (3) Alum or other astringents in stick or lump form. (Alum or other astringents in powder or liquid form are acceptable.).
 - (4) Fumigants such as formalin (formaldehyde) tablets or liquids.
- (b) Fumigants such as formalin (formaldehyde) tablets or liquids.
- (c) The use of any product, preparation or procedure that comes into contact with or penetrates the dermis layer of the skin is prohibited.

83.113. Health and Safety Standards: FDA.

(a) Practitioners may not use any product in providing a service authorized under the Act that is banned or deemed to be poisonous or unsafe by the United

- States Food and Drug Administration (FDA) or other local, state, or federal governmental agencies responsible for making such determinations.
- (b) Possession or storage on licensed premises of any item banned or deemed to be poisonous or unsafe by the FDA or other governmental agency will be considered prima facie evidence of its use.
- (c) For the purpose of performing services authorized under the Act, no practitioner may buy, sell, use, or apply to any person liquid monomeric methyl methacrylate (MMA).

83.114. Health and Safety Standards: Establishments.

- (a) Establishments and schools must keep the floors, walls, ceilings, shelves, furniture, furnishings, and fixtures clean and in good repair. Any cracks, holes, or other similar disrepair not readily accessible for cleaning must be repaired or filled in to create a smooth, washable surface.
- (b) All floors in areas where services under the Act are performed, including restrooms and areas where chemicals are mixed or where water may splash, must be of a material which is not porous or absorbent and is easily washable, except that antislip applications or plastic floor coverings may be used for safety reasons. Carpet is permitted in all other areas.
- (c) Plumbing fixtures, including toilets and wash basins, must be kept clean. They must be free from cracks and similar disrepair that cannot be readily accessible for cleaning.
- (d) Each establishment and school must have suitable plumbing that provides an adequate and readily available supply of hot and cold running water at all times



- and that is connected for drainage of sewage and potable water within the areas where work is performed and supplies dispensed.
- (e) Every establishment and school must provide at least one restroom located on or near the licensed premises. For public safety, chemical supplies may not be stored in the restroom.
- (f) Food or beverages may not be prepared on licensed premises for sale. Prepackaged food or beverages may be sold to or consumed by clients.
- (g) For public health and safety, licensed premises must eliminate any strong odors through adequate ventilation, including but not limited to, exhaust fans and air filtration to exhaust chemicals and fumes away from the public area and to provide for the input of fresh air.
- (h) Licensed premises may not be utilized for living or sleeping purposes, or any other purpose that would tend to make the premises unsanitary, unsafe, or endanger the health and safety of the public. An establishment or school that is attached to a residence must have an entrance that is separate and distinct from the residential entrance. Any door between a residence and a licensed facility must be closed during business hours.
- (i) Only service animals are allowed in establishments and schools. Covered aquariums are allowed provided that they are maintained in a sanitary condition.
- 83.115. Health and Safety Standards: Eyelash Extension Application Services.
 - (a) A practitioner offering the eyelash extension application service must wash the practitioner's hands with soap and

- water prior to performing any services on a client.
- (b) Equipment, implements, and materials must be properly cleaned and disinfected prior to providing services.
- (c) Chairs and beds, including headrests, must be cleaned and disinfected after providing services to each client. The chair and beds must be made of or covered in a non-porous material that can be disinfected.
- (d) After each client, the following implements must be cleaned and disinfected: tweezers, nasal aspirator or electric eyelash dryer and other items used for a similar purpose.
- (e) The following implements are single-use items and must be discarded in a trash receptacle after use: disposable gloves, tissues, disposable wipes, fabric strips, surgical tape, eye pads, extensions, cotton swabs, face mask, brushes, extension pads and other items used for a similar purpose.
- (f) The following items that are used during services must be replaced with clean items for each client: disposable and terry cloth towels, hair caps, headbands, brushes, gowns, spatulas that contact skin or products from multiuse containers.
- (g) A practitioner must use only properly labeled semi-permanent glue and semi-permanent glue remover that must be used according to the manufacturer's instructions.
- (h) Extensions must be stored in a sealed bag or covered container and must be kept in a clean dry, debris-free storage area.